

USA WRESTLING NEW JERSEY

SPRING 2010 JUNIOR OLYMPIC FREESTYLE & GRECO-ROMAN SCHEDULE

Schedule and Road Trip Summary

The wrestling season does not end with the scholastic states.

The Olympic styles of Freestyle and Greco-Roman wrestling come alive. The opportunities begin for learning and refining those styles, applying them in various situations: clinics; developmental and in-state tournaments; traveling on NJ teams; or competing at national competitions. Listed in this flyer are the 2009 scheduled NJ Freestyle and Greco clinics; along with local, regional and national tournament dates and sites. This schedule has been designed to facilitate introduction and training of wrestlers to Freestyle and Greco-Roman. All events should be checked on the NJ Wrestling website: www.usawnj.org or the USA Wrestling national website: www.themat.com

Getting good training and competition is vital to one's development in Freestyle wrestling and Greco-Roman wrestling. Training and competing in State and National events will greatly enhance one's skills and knowledge of the sport. The Goal is to offer you training and competitive situations that will greatly improve your wrestling skills and knowledge. No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more. You are either moving forward or backward... there is no such thing as staying the same.

See you at the TOP!!!

Coaches are needed. If you can provide assistance, contact William Terrell at (732) 826-0303 or Rich Santoli at (201) 921-3275.

Age & Weight Level; Developmental; Qualifiers; and Championships

ALL NJ TOURNAMENTS* will contain the following age divisions for both Freestyle and Greco Wrestling: Midget, Novice, Schoolboy, Cadet, Junior, and Senior. Female freestyle will be offered also. Some tournaments will host a special NJ Tournament for certain age divisions and/or styles in place of the normal developmental tournament for that division. These tournaments will be noted. See the age level descriptions for details. Schoolboy, Cadet, and Junior age wrestlers who must participate in designated tournaments to qualify for the team competitions, along with meeting other specified criteria. Ranking tournaments assist in determining participation in dual team trip selection and the New Jersey Fargo trip.

The following program announces Freestyle and Greco-Roman wrestling schedules for these age divisions:

Seniors Born 1990 or before: 110, 121, 132, 145.5, 163, 185, 211.5, 264.5
(Those born in 1991-1992 need medical certificate to participate in this division)
(Athletes High School class must have graduated)

JUNIORS Born after 9/1/90 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275
(Must be enrolled in grades 9-12)

JUNIORS women Born after 9/1/90 95, 102, 109, 116, 124, 132, 139, 146, 153, 165, 190, 220
(must be enrolled in grades 9-12)

KIDS DIVISIONS

CADETS Born 1994-1995 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285

SCHOOLBOY/GIRL Born 1996-1997 70,77,84,91,98,105,112,120,128,136,144,152,160,175,190,210,265

NOVICE Born 1998-1999 60-105 by 5's, 112, 120, 130, 140, 140+ * 25 lbs. Max difference

INTERMEDIATE Born 2000-2001 50-80 by 5's, 87, 95, 103, 112, 120, 120+ * 20 lbs. max difference

BANTAM Born 2002-2003 40-75 by 5's, 75+ *15 lbs. max difference
*Hwt classes in Kids Division will be split if there is too much weight difference between wrestlers

2010 USAW/NJ FREESTYLE and GRECO SCHEDULE

All Registrations and Weigh-Ins—8:00 am – 9:00 am

<u>Date</u>	<u>Place</u>	<u>Event/Styles/Ages/Weights/Director/Phone</u>
March 27, 2010	Voorhees High School Glen Gardner, NJ 08826	<u>Freestyle/Greco Developmental Tournament</u> All Age Divisions Madison Weight Classes Director: Eric Hall Phone: 201-600-5011 MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
April 11, 2010	South Plainfield PAL South Plainfield NJ 07080	<u>Freestyle/Greco Developmental Tournament</u> All Age Divisions Madison Weight Classes Director: Bill Ashnault Phone: 908-296-2293 MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
April 18, 2010	Toms River South High School Toms River, NJ 08753	<u>Ranking Tournament Schoolboy/Cadet/Junior</u> Schoolboy, Cadet & Junior Freestyle ONLY USA Weight Classes Director: John Corrigan Phone: 732-286-9846 MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
May 16, 2010	Clearview Regional HS Mullica Hill, NJ 08062	<u>Junior/Girls Freestyle & Greco States</u> USA Weight Classes Kids/Cadets & Seniors -- Madison Weight Classes Director: Bob Deutsch Phone: 856-296-6680 MUST WEIGH IN WITH COMPETITIVE SINGLET at all tournaments
May 23, 2010	Bergen Catholic High School Oradell, NJ 074649	<u>Kids/ Cadets Freestyle & Greco State Tournament</u> USA Weight Classes Juniors & Seniors-- Madison Weight Classes Director: Rich Santoli Phone: 201-921-3275

- **No Weight Allowance for State Championships and Ranking Tournaments**
MUST WEIGH IN WITH COMPETITIVE SINGLET
- **All Other Tournaments Will Be Madison Weight Pairing**
MUST WEIGH IN WITH COMPETITIVE SINGLET

2008 Road Trip Summary

For USA-Regional and USA-National event details, go to: www.themat.com

<u>April 2-4, 2010</u>	<u>Cedar Falls, IA</u>	<u>Folkstyle Nationals</u>
<u>April 24-25, 2010</u>	<u>Cleveland, OH</u>	<u>Fila Cadet & University Nationals</u>
<u>May 1-2, 2010</u>	<u>Brockport, NY</u>	<u>Junior NE Regionals</u>
<u>June 5-6, 2010</u>		<u>NE Kids/Cadets Regional Championships</u>
<u>June 9-13, 2010</u>	<u>Indianapolis, IN</u>	<u>Schoolboy National Team Duals-Greco/Freestyle</u>
<u>June 15-20, 2010</u>	<u>Rochester, MN</u>	<u>Cadet National Team Duals-Greco/Freestyle</u>
<u>June 24-28, 2010</u>	<u>Oklahoma City, OK</u>	<u>Junior National Team Duals-Greco/Freestyle</u>
<u>June 28-30, 2010</u>	<u>Salt Lake City, UT</u>	<u>Midget, Novice, SB National Championships-</u> <u>Greco/Freestyle</u>
<u>July 17-24, 2010</u>	<u>Fargo, ND</u>	<u>Cadet/Juniors National Championships-</u> <u>Greco/Freestyle</u>

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2010 USA-NJ Qualifying Criteria for Freestyle & Greco National Tournaments and NJ Dual Teams

Schoolboy, Cadet & Junior Divisions, Girls and Fargo

To Qualify for USA Freestyle and Greco National Tournament

- ◆ Schoolboys, Midgets and Novice (Salt Lake City, UT)
Must participate in USA North East Regional FS/Greco tournament.
- ◆ Cadets and Juniors (any one of the following) - Fargo, ND
 - Freestyle-
 - Win the NJ Ranking tournament
 - Win the NJ Freestyle State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament
 - Top 3 in any USA Regional Freestyle tournament
 - Greco
 - Win the NJ Greco State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament
 - Top 3 in any USA Regional Greco Tournament
 - Girls
 - Win the NJ State tournament
 - Or place 2nd with 8 or more in weight class in NJ State tournament

To Qualify for USA-NJ Dual Teams

In order to guarantee a wrestler a spot on the 2009 Schoolboy, Cadet, Junior or Girls National Freestyle and Greco-Roman Dual Team, a wrestler must accomplish the following (no weight allowance);

- ◆ Schoolboy (Indianapolis, IN) and Cadets (Rochester, MN)
 - Win the Freestyle Ranking Tournament
 - Win the Freestyle State Tournament
 - Win the Greco State Tournament
 - Fill out and submit an application with deposit and all necessary information by required date
- ◆ Juniors (Oklahoma City, OK)
 - Freestyle
 - Win the NJ Ranking tournament
 - Win the NJ State tournament
 - Fill out and submit an application with deposit and all necessary information by required date
- ◆ Girls - Juniors Only
 - All girls participating in USA Freestyle Nationals qualify for the NJ Dual Team
 - Fill out and submit an application with deposit and all necessary information by required date

Alternates and Open Weight Classes

These spots will be selected by a committee consisting of: Team Leader, Head Coach, USA Chairman, and USA Kids Chairman.

There is no set number of alternates; they will be selected where needed. Criteria for consideration of Alternates:

- Participation in past USA-NJ Sanctioned Trips
- Participation in past USA-NJ FS/GR Tournaments
- Placement in the USA Scholastic State Tournament
- All-American at any USA National Tournament

Petitions

If a wrestler can not participate in these events for any reason or wants to petition for any reason, for Schoolboys and Cadets, you must notify John Grey, the Kid's Chairman, in advance, via email, with petition form at jgrey63301@aol.com or cell 201-317-3973, and for juniors contact Jim Neighbors squirbear@msn.com or cell 908-202-5149. Petitions will be considered by the appropriate chairperson on a case by case basis. Any medical petition must be accompanied by a note from a physician.

In the event of any dispute, the USA-NJ committee may require a wrestle-off to determine the member of the team.

Incentives for Cadet/Jrs. Nationals and National Duals

- 1. Cadet/Junior Nationals:**
 - a. State High School Scholastic and National Prep Championships winners will get the following reduction of costs:

1 st \$250	2 nd \$150	3 rd \$50	4 th -8 th \$25
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 - b. FLA Cadets and Juniors place winner get the following reduction of costs:

1 st \$200	2 nd \$150	3 rd \$100	4 th -6 th \$50
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- 2. Cadet Nationals:**
 - a. Northeast Regional Cadet will get a reduction of costs. Freestyle and Greco will split \$3,000 each with a sliding scale from 1st thru 3rd. With a maximum payment of \$300 to any wrestler.
 - b. Winners of the following Cadet tournaments will get the following reduction of costs:

Ranking \$100	Kids State \$100	Greco \$100
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 - c. Returning All-Americans get the following reduction of costs:

Cadet National Champs \$150	Schoolboy to Cadet \$50
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Cadet to Cadet, Schoolboy National Championship \$100

- 3. Junior Nationals:**
 - a. Northeast Regional Juniors will get a reduction of costs. Freestyle and Greco will split \$4,000 each with a sliding scale from 1st thru 3rd, with a maximum payment of \$400 to any wrestler.
 - b. Winners of the following tournaments will get the following reduction of costs

Ranking \$150	Junior States \$150	Greco \$150	Girl States \$150
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 - c. Returning All-Americans get the following reduction of costs:

Junior Nat. Champs \$200	Junior to Junior or Cadet Nat. Champ \$150
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Cadet to Junior or Girls \$75

- 4. Schoolboy National Duals:**
 - a. Winner of the Schoolboy following tournaments will get the following reduction of costs:

Ranking \$25	Kids States \$25	Both \$75	NE Regional \$75
Scholastic State Champ \$100	2 nd thru 4 th \$75	5 th thru 8 th \$50	
Schoolboy National Champ \$100	AA Novice Nat. Champ \$75		
Novice AA \$50			
- 5. Cadet Duals:**
 - a. Winners of the following tournaments and who attend Cadet Nationals will get the following reduction of costs:

Ranking \$75	Kids States \$75	Greco \$75	Cadet National Champ \$400
Cadet AA or Schoolboy National Champ \$200	Schoolboy AA \$100		
- 6. Junior Duals:**
 - a. Winners of the following tournaments and who attend Junior Nationals will get the following reduction of costs:

Ranking \$125	Junior States \$125	Greco \$125	Jr National Champ \$400
Jr AA or Cadet National Champ \$200	Cadet AA \$100		
- 7. Miscellaneous:**
 - a. Triple Crown Winners age levels (Midget-Cadet) will get \$500 credit and Three style All-Americans age levels (Midget-Cadet) will get \$200 credit towards any USA/NJ function or trip.

**All "reductions of costs" credit to cadet/junior nationals are taken off when final payment is due at camp. All deposit must be paid and any money due must be paid at the start of camp. If there is credit that may cover even the deposit, then this will be reimbursed after the trip. Credits may not exceed the cost of the trip.